







See Better. Look Better.

Ophthalmology - Plastic Surgery - Dermatology

Ambulatory Surgery Center

Serving Southern California & the Mountain Communities for over 15 years.

IRVINE • MISSION VIEJO • SAN CLEMENTE • LAGUNA HILLS • COSTA MESA • BIG BEAR • LAKE ARROWHEAD

Our Story

Dr. Ramin Tayani founded Tayani Institute in December 1999, starting up his practice in a modest 937 sq ft office in San Clemente, CA. Dr. Tayani built his practice tirelessly, often investing 16 hour days confined to a tiny 5 ft by 5 ft closet-style office space, completing the daily tasks of surgical/medical care notes and other paperwork associated with the management and development of a medical practice. A new physician in the community, Dr. Tayani was faced with the challenges of building a practice without a patient base, without any approved insurance contracts, and without the necessary hospital referral sources that are usually in place before embarking upon such a monumental undertaking. Dr. Tayani has often times reflected upon those initial years, humbly admitting, "I opened up a practice without having a single patient to see!"

Dr. Tayani quickly made a name in the community by taking call in the emergency rooms of six local hospitals spanning from San Clemente to Laguna to Newport Beach, rapidly earning the respect of his colleagues and patients by never rejecting a single request to take call. Even to this day, Dr. Tayani's devotion to his community and patients is evidenced by his uncompromising commitment to take call 365 days a year at San Clemente Hospital.

In 2002, following three years of hard work and dedication, Dr. Tayani's practice rapidly grew, posing the demand to expand his 937 sq ft office to a more suitable 2,000 sq ft patient care facility. With this growth, Dr. Tayani added three subspecialties to his general ophthalmology practice to include Glaucoma Specialist Dr. Peter Joson in 2004 and Retina Specialist Dr. Aghaian in 2014. Dr. Tayani not only provided his own expertise as a general ophthalmologist to the practice, but also brought his highly specialized training in the field of Oculoplastics Surgery. Later in 2002, Tayani Institute expanded its offices to include two additional locations in the Mountain Communities of Big Bear and Lake Arrowhead, CA and its Irvine satellite office as well.

Meeting the ever increasing demand to provide more conveniently accessible care, Tayani Institute celebrated the 2007 grand opening of a 5,000 sq ft office in our beautiful Mission Viejo location as well as the grand opening of its multi- specialty outpatient surgical center in San Clemente, CA (West Coast Center for Surgeries), creating two 5,000 sq ft offices.

Our Optical Boutique was unveiled in our Mission Viejo, Laguna Hills, and San Clemente locations, as well, in early 2011, offering primary eye care, prescription glasses, and contact lenses in addition to a full scope of optometric service line.

In February of 2009, Dr. Tayani unveiled the opening of its fully functional and separately successful aesthetic business called DermaBare. This company is primarily located in the Mission Viejo location and provides all the aesthetic services such as laser hair removal, injectables like Botox, and fillers, various other lasers like IPL and Active FX, sclerotherapy, a variety of facial products, and all kinds of cosmetic surgeries.

Finally, Dermatology and Plastic Surgery services were also introduced into the practice with the addition of Dr. Levin and Dr. Paydar, both board-certified and highly respected surgeons in their respective fields.

Today, nearly 15 years from its inception, Tayani Institute is pleased to reflect on its growth from a tiny two room office into multiple, dynamic, multi-specialty medical group locations consisting of the following:

- Seven offices throughout Orange County as well as the Mountain Communities
- Nine board certified physicians covering the fields of Ophthalmology, Optometry, Plastic Surgery and Dermatology
- A Fully Accredited Surgery Center
- A highly successful and respected aesthetic company called DermaBare
- Referral base of 450 physicians and optometrists
- Performing over 100 surgeries per month

As we celebrate our 15th year anniversary, Tayani Institute is proud to have built and cultivated a thriving practice that embodies Dr. Tayani's core values and remains a place where our patients' needs will always be our primary focus and #1 goal! We like to treat all our patients as if they were a family member.

Welcome to our practice,
The Management Team at Tayani Institute

EYE



BEFORE



AFTER

Unhappy with the heavy appearance of her eyelids, this patient underwent a browlift as well as an upper and lower blepharoplasty for a refreshed look.

ENHANCEMENT



Meet our Founder & Medical Director



Ramin Tayani, MD, FACS, FAACS Diplomate, American Board of Ophthalmology

- Comprehensive Ophthalmology
- Cosmetic & Reconstrutive Orbito-Facial Plastic Surgery
- Ocular Oncology

Background

Founder & Medical Director Tayani Institure, 1999-present

Fellowship

Harvard University, 1998-1999

Chief Resident

The Eye Institute – Medical College of Wisconsin, 1997-1998

Ophthalmology Residency

Medical College of Wisconsin, 1995-1998

Internal Medicine Internship

Yale University, 1994-1995

Medical Degree

University of California, Irvine, 1988-1994

Masters Degree in Health Policy & Management

University of California, Los Angeles, 1987-1990

Bachelor of Science

Double Major in Psychology & Biology

University of California, Irvine

Services

Adult Comprehensive

- Cataract Surgery
- Premium Lens Cataract Surgery with LensX Technology
- Pterygium Surgery & Reconstruction
- Dry Eye Management
- All General Ophthalmic Care

Adult & Pediatric Oculoplastic Surgery

- Skin Cancer involving the eyelid, brow, forehead areas with complex reconstruction
- Trauma to the orbit and periocular (eyelids & facial areas)
- Graves Disease Management & Surgeries
- Drooping Eyelids & Eyelid Deformity
- Tear Duct Adnormalities with Reconstruction

Cosmetic Orbito-Facial Surgery

- Blepharoplasty Upper & Lower
- Brow-Lift, SOOF Lift, Midface Lift
- Fractional laser Resurfacing
- Botox & Fillers
- Reconstruction of "cosmetic surgeries gone bad"

"I have had a most caring experience with Dr. Tayani. It probably would be considered a very minor surgery but nevertheless, 1 eye is better than none but 2 are even better! The doctor removed a growth in the corner of my right eye and put in some stitches one afternoon a few months ago and while in the office I overheard that he had been in since 7am that morning.....8PM my phone rang at my home and the good doctor was calling me to see if I was OK... now I will strongly recommend him to all who needs eye care."

- Tommy H.

Meet our Ophthalmologist



Peter Joson, MD, FAAO Diplomate, American board of Ophthalmology

- Cataract Surgeon
- Glaucoma Specialist & Surgeon

Background

Associate Surgeon

Tayani Institute, 2005-present Atlantis Eye, 2003-2005

Clinical Instructor

Veterans' Administration Medical Center, Long Beach, 2004-2012

Member

American Glaucoma Society

Fellowship

New York Eye & Ear Infirmary with Dr. Robert Ritch, 2003-2004

Residency

University of Washington, 1999-2002

Medical Degree

New York Medical College, 1998

Research Associate

Department of Physiology & Biophysics, UCI School of Medicine, 1993-1994

Bachelor of Science Double Major in Biology & Economics Cornell University, 1993

Services

Adult Comprehensive

- Cataract Surgery
- Complex Cataract Surgery with Small Pupil Management
- Diabetic Exams
- All General Ophthalmic Care

Glaucoma

- Evaluation & Management of all Glaucomas
- Laser Treatment of Glaucoma
- Surgical Management of Glaucoma
- Glaucoma Consultant to Insustry & Academia

"My treatment for cataracts has been the best thing to happen to me in my life especially since I am now 84 years young.

Dr. Joson is a great doctor and I really trusted him to fill my treatment needs for both eyes. The left eye was really healthy and I had astigmatism in the right eye, which I opted for the additional surgery. I say Dr Joson walks with 'God' and he added to that: and I listen to everything he tells me to do. God Bless him for a long life! To be able to help people like me to enjoy a wonderful rest of my life.

My heart skips a beat when I think of him, a feeling I intend to keep the rest of my life with great respect and sincerity."

- Shirley K.

Meet our Ophthalmologist



Elda Aghaian, MDDiplomate, American board of Ophthalmology

- Macular and Retinal Diseases
- Comprehensive Ophthalmology

Background

Professional Associations

American Academy of Ophthalmology American Society of Retinal Specialists Clinical Instructor, LAC-USC Medical Center

Residency and Fellowship

USC/Doheny Eye Institute, 2005-2009

Internship

St. Mary's Medical Center, San Francisco, 2004-2005 Intern of the Year Award

Medical Degree

UCSF School of Medicine, 2000-2004 Dean's Research Fellowship Award

Bachelor of Arts, Business Economics

University of California, Los Angeles, 1999

Services

Adult Comprehensive

- Cataracts
- Dry Eye Management
- Glaucoma Evaluation & Management
- All General Ophthalmic Care

Sub-specialty

- Medical Retina
- Macular Degeneration
- Diabetic Retinopathy
- Venous Occlusive Disease
- Intravitreal Injections & Retinal Lasers

"I had a very good experience here thanks to Dr. Elda Aghaian. She is very nice and friendly; well spoken and knowledgeable. She didn't make me feel rushed, and spent a good amount of time explaining things to me." - Anonymous

Meet our Dermatologist



Jackie Levin, DO, FAOCD
Diplomate, American Osteopathic Board of Dermatology

- Medical & Surgical Dermatology
- Cosmetic Dermatology
- Skin Cancer Micro-Surgery (Mohs Surgery)

Background

Associate Physician Dermatologist Tayani Institute, current

Product Development & Revision Consultant to Cosmeceutical & Pharmaceutical Companies Levin Consulting LLC, 2010-2013

Traditional Internship

Valley Hospital Medical Center, Las Vegas, 2009-2010

Medical School

Arizona College of Ostepathic Medicine, 2009 Graduated top 10 in Class Sigma Phi Scholastic Honor Society

Bachelor of Science in Chemical Engineering

University of California, Los Angeles, 2002 UCLA volleyball team & Dean's list for Student Athlete Achievement

Services

Comprehensive Dermatology

- Skin Cancer Screenings
- Skin Cancer Micro-surgery (Mohs Technique)
- Moles, Warts, Cysts, Skin Tags, etc.
- Hair, Skin, and Nail Problems
- Rashes and Skin Allergies
- All Aspects of General Dermatology

Cosmetic Dermatology

- Mole Removal
- Botox & Fillers
- IPL and other Laser Resurfacing
- Sclerotherapy & Vein Therapy
- Chemical Peels
- Individualized product design for proper skin care

"Dear Dr Levin and Staff,

Thank you so much for not only removing the skin cancer but mostly for treating me so well and so kindly. You made what could have been a terrible experience much better! I am grateful."

- Gia

Meet our Plastic Surgeon



Keyian Paydar, MD, FACS

Diplomate, American Board of Surgery

Diplomate, American Board of Plastic Surgery

Background

Associate Physician/Plastic Surgeon

Tavani Institute, current

Associate Clinical Professor

University of California Irvine Medical Center, 2008-present

Aesthetic Observorship

UT Southwestern, Dalls, TX 2007 (Drs. Jack Gunter, Fritz Barton, Steve Bird, and Rod Rohrich) Coconut Grove, FL, 2007 (Dr. James Stuzin) New York, NY, 2007 (Drs. Dan Baker and Glen Jelks)

Plastic & Reconstructive Surgery Residency

University of California, San Fransico, 2007

General Surgery Residency

University of California, San Francisco, 2005

Medical Degree

University of Tennessee, Memphis, 1999

Bachelor of Science

University of California, Los Angeles, 1994 with College and Departmental Honors

Services

Cosmetic

- Facelife & Neck Life
- Rhinoplasty, Septo- Rhinoplasty, & Chin Augmentation
- Liposuction
- Gynecomastia
- Brachioplasty (arm reduction)
- Body Contouring

Cosmetic/Injectables

- Breast Augmentation, Breast Lift, & Breast Reduction
- Mommy Makeover
- Abdominoplasty (tummy tuck)
- Botox
- Fillers
- Fat Graft

Reconstructive

- Skin Grafting
- Head & neck reconstruction after Moh's Resection
- Head & neck reconstruction after Surgical Tumor Excision
- Flap Closures for Surgical Excision of Tumors

"Dear Dr. Paydar,

Thank you again for taking such good care of me. I can't tell you how much I have appreciated how well you prepared me for my surgery, how accessible you were for any questions or concerns I had, and especially for the incredible job you have done. Throughout you have treated me with warmth and compassion. You have been fantastic!"

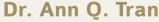
-Patty

Meet our Optometrists



Dr. Rebecca Ng

- University of Berkeley School of Optometry (1965-1970)
- In practice for over 30 years



- Southern California College of Optometry (1994-1998)
- In practice since 1998





Dr. Stephanie Mulick

- Illinois College of Optometry (2002-2006)
- In practice since 2006

Tayani Institute is a TearLab Accredited Dry Eye Center

Dry eye is one of the most under-diagnosed ocular diseases, and yet the symptoms of Dry Eye are the most common complaints of patients when they see their eye care professional. Your eyes need a constant layer of healthy, balanced tears called the "tear film" to stay nourished and protected. The TearLab Osmolarity System uses a novel lab-on-a-chip approach to measure your tear film, producing a sample-to-answer result in less than 30 seconds. TearLab eliminates the challenges that previously prevented accurate point-of-care testing for osmolarity, improving our ability to manage and care for patients with dry eye disease.

Vision Plans

- Vision Service Plan (VSP)
- Eyemed
- Spectera
- Medical Eye Services (MES)
- Superior Vision
- OptiCare

Services

Family Eye Care

- Comprehensive eye exams (annual & back to school)
- Contact lens evaluations
 & specialty fittings
- Same day appointments, walk-ins & emergencies welcomed

Specialty Optometric Care

- Keratoconus evaluation& contact lens fitting
- Treatment of ocular allergies & dry eyes
- Evaluation & treatment of ocular diseases and more...
- Cataract, LASIK & Glaucoma Co-Management





Testimonials:

"I want you to know I have felt very privileged to be under your care for the treatment of my eye. You are a very gifted physician, but above all, it has been comforting to be under the care of someone who is so personable and kind."

- Johnathan C.

"Dr. Joson, You put to rest my concerns about a bilateral cortisone procedure and the possible effects on my glaucoma. The procedure gave me immediate relief from severe pain. Thank you for your kind attention and reassurance."

- Jeannette S.

"Dr Joson, Thank you so very much for seeing me so quickly last week and for the expert diagnosis. Most of the test are done and I am working to stay healthy." - Tom I.

Ophthalmology Subspecialties

Retinal Diseases

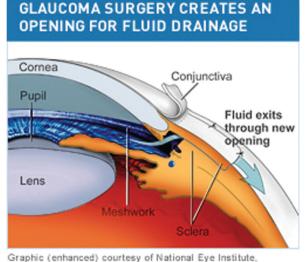
Our retinal specialist, Dr. Aghaian is a USC fellowship trained specialist. In addition to managing retinal and macular diseases, Dr. Aghaian performs intravitral injections and retinal laser treatments.

The retina is a thin layer of tissue on the inside back wall of your eye, containing millions of light-sensitive cells and other nerve cells that receive and organize visual information. Your retina sends this information to the brain through your optic nerve, enabling you to see.

Retinal diseases can affect the area of the retina that serves your central vision (the macula and the fovea at the center of the macula). Many retinal diseases share common symptoms and treatments, but each has unique characteristics. The goal of retinal disease treatments is

Glaucoma Surgery

Our fellowship trained Glaucoma specialist, Dr. Joson provides long-term management as well as laser and surgical treatment for Glaucoma.



National Institutes of Health.

Glaucoma refers to a group of eye conditions that lead to damage to the optic nerve. This nerve carries visual information. from the eye to the brain. In most cases, damage to the optic nerve is due to increased pressure in the eye, also known as intraocular pressure (IOP). Glaucoma is the second most common cause of blindness in the United States. The goal of treatment is to reduce eye pressure. Treatment depends on the type of glaucoma that you have.

Ophthalmology & Orbital Facial Surgical Specialties

Cataract Surgery

Tayani Institute offers the latest, most advanced techniques in cataract surgery. Our board certified surgeons are all sub-specialists in their field, performing the latest surgical techniques including laser cataract surgery, utilizing only the best equipment in the industry. Patients who elect premium lenses often experience a significant reduction in their dependence on glasses and/or contact lenses.

- Premium Lens Options;
 ReSTOR®, Crystalens®, TECNIS® and AcrySof® Toric
- Cataract surgery with LensX Technology
- Femtosecond bladeless custom cataract surgery
- Sutureless cataract surgery



Blepharoplasty (Eyelid Surgery) Performed by a Harvard trained Orbital Facial Specialist

Dr. Tayani is a renowned eyelid specialist, performing more eyelid and cosmetic reconstructive surgery over the last 20 years than any other surgeon in Orange County. Eyelid surgery, or blepharoplasty, improves the appearance of the upper and lower eyelids and can be both a medical and cosmetic procedure.

You may be a candidate for eyelid surgery if you have the following:

- Under-eye bags
- Pockets of fat underneath the eyes
- Ptosis (droopy eyelids)
- Other eyelid abnormalities



Visit our website photo gallery or ask to see our "Photo Book" for more before & after pictures!

Testimonials:

"Kudos to Dr Tayani – The operation on my right eye is a total great improvement. The removal of the cataract, the replacement with the Restor lenses is the best investment to me. My eyes are so important to enhance my hobbies in retirement. I will recommend this operation without hesitation and is like investing in gold!!"

- George S.

"The courteous and efficient staff makes it a pleasure to visit the Tayani Eye Institute.But, the real reason for choosing their services is the skill of my physician. Dr. Peter Joson is a specialist in Glaucoma. He has preformed two cataract surgeries on my eyes over the past 3 years, and I can see again!" - Verne S.

"As a birthday gift to myself on my 55th birthday, I decided to have lower eye lid surgery to remove excess skin and the fatty deposits. I met Dr Tayani and his staff and was very impressed by their sincerity. I was also impressed with Dr. Tayani's credentials. After meeting him, I felt confident that he would his best for me...It has now been almost 6 months and I am thrilled with the results. The bags are gone and I look terrific, just like I wanted to. I would highly recommended Dr. Tayani and his staff. As a matter of fact, I already have."

Tayani Institute Optical Boutiques



Our in-house optical boutiques provide our patients with a full service experience and the convenience of ordering their new prescription eyewear right after their exam. Our experienced and caring Opticians will help you find the perfect, customized frames and lenses that your eye doctor recommends and your lifestyle requires.

From budget friendly to high-end designer, we carry a wide variety of eye frames and sunglasses for the whole family to choose from. Our experienced and caring Opticians will help you find perfect, customized frames and lenses that your eye doctor recommends and your lifestyle requires.







We Are New & Improved!

Tayani Institute is back to managing our in-house Optical Boutiques to better serve our patients with...

- ✓ Better Prices
- ✓ Better Selection
- ✓ Better Service
- ✓ Better Turnaround

Designer Brands

Salvatore Ferragamo

Chloé

Joseph Abboud

Anne Klein

Silhouette

Juicy Couture

Carrera

Jimmy Choo

Flexon

Dior

Gucci

D&G

Dolce & Gabana

Versace

Prada

RayBan

Bebe

Specialty Lenses & Coatings

Transitions

Anti-Reflective

Progressive

Polarized

Services Include:

Free cleanings & adjustments Basic repairs done at no charge

- Replace nose pads
- Tighten screws
- Lens mounting

Discounts on all eyewear needs

- New glasses
- Non prescription Sunwear
- Eyeglass accessories

Premium Lenses

Contact Lenses

Aesthetics & Laser Center, DermaBare

DermaBare is now part of the LifeSpa at Life Time Fitness.

Enjoy the same great staff, same great services and so much more in a beautiful new location.





MediSpa Services Available

Laser Services:

- ClearLift™
- Age and Brown Spot Removal
- Fractional Resurfacing
 - Active FX (CO2)
 - Fraxel (Erbium)
- Laser 360
- Laser Hair Removal
- Laser Vein Therapy
- Photo Rejuvenation (IPL)
- Skin Tightening
- Body Contouring®

Medical Aesthetics:

- Botox® and Dermal Fillers
- Chemical Peels
- HydraFacial™
- Microdermabrasion and Dermablading
- Skin Care Products & Latisse





Visit us at our new location:

DermaBare at LifeSpa

Life Time Athletic Laguna Niguel 25600 Rancho Niguel Road Laguna Niguel, CA 92677

Call **949.545.6600** to schedule your Aesthetic Consultation

Dermatology & Cosmetic Specialties



Skin Cancer Micro Surgery (MOHS Technique)

Mohs surgery is accepted by many dermatologists as the best way to remove certain basal cell carcinoma and squamous cell carcinomas, the two most prevalent types of skin cancers. Dr. Levin is a trained Mohs micrographic surgeon and affiliate member of the American Society of Mohs Surgery and has performed thousands of Mohs surgical skin cancer removal and reconstruction cases. As a Medical, Cosmetic and Surgical Dermatologist, Dr. Levin prefers surgical treatment options with the highest cure rate, that minimize scarring and produce the best cosmetic results possible. In many cases, Mohs surgery is this best option. According to the Skin Cancer Foundation and the American College of Mohs Surgery the Mohs technique has a very high cure rate of nearly 98 percent. In addition to its high cure rate, Mohs surgery minimizes the loss of healthy tissue therefore maximizing a patients cosmetic appearance and outcome.

Cosmetic Surgery

Tayani Institute plastic surgery patients include men and women of all ages and from all walks of life. In addition to Dr. Tayani's expertise in orbital facial plastic surgical procedures, our plastic surgeon, Dr. Paydar provides his quality care and expertise on cosmetic procedures to enhance, reconstruct and improve all parts of the body. Our Plastic Surgeons often work together on many cases, allowing patients to benefit from having 2 renowned specialists perform their procedures during the same surgery. This saves our patients both surgical costs and time spent in the operating room.

Experience the many benefits of cosmetic enhancement and plastic surgery performed by renowned surgeons. At Tayani Institute, we not only help you see better, but look better as well. Our specialists will consult with you on the face and body cosmetic procedures that will achieve the more rejuvenated, youthful and rested look you desire.

West Coast Center for Surgeries

SURGERY CENTER HIGHLIGHTS

- Board certified surgeons and anesthesiologists
- State-of-the-art facility
- Relaxing environment
- Exceptional surgical & post-operative care
- Optimal safety guidelines
- Special assistance provided as needed
- Preferred provider for most health insurance plans
- Financing options available
- Transportation & Post Surgical Care Services (Optional)

ACCREDITATIONS

- Accredited By Accreditation Association for Ambulatory
- Accredited By The Joint Commission (JCAO)
- Medicare Certified & State Licensed



Center of Excellence For Eyes

West Coast Center for Surgeries is a multi-specialty outpatient surgical center located across from Saddleback Memorial Hospital San Clemente and adjacent to Tayani Eye Institute. We provide our patients with state-of-the-art technology and specialized care. Our professional and courteous staff provides exceptional surgical and postoperative care.

Our surgical team is comprised of experienced surgeons, anesthesia, nursing and technical staff. Specialized equipment is available to them in our surgical suite to assist them in providing exceptional surgical care.

Private and special health insurance plans are accepted and we contract with many health insurance plans. Our insurance counselors are available to assist you with any questions you may have regarding your plan benefits and/or reimbursement procedures.

We are happy to provide you special assistance or other aids for your safety and comfort.

At West Coast Center for Surgeries we strive to make all aspects of your surgery a positive and pleasant experience and we are committed to providing surgical excellence, comfort, and safety to all our patients.

653 Camino de los Mares, Suite 101, San Clemente, CA 92673

Hospitals, Surgery Centers, IPAs & Insurances

Affiliated Hospitals

- Mission Regional Hospital
 Mission Viejo & Laguna Beach
- Saddleback Memorial Care Laguna Hills & San Clemente
- University of California Irvine
- Hoag
 Irvine & Newport Beach
- Mountains Community Hospital Lake Arrowhead
- Bear Valley Hospital Big Bear

Independent Physicians' Associations

- Monarch
- Memorial Care
- Mission Hospital Affiliated Physicians (MHAP)
- Heritage
- Regal
- Prospect Medical
- Affiliated Doctors of Orange County (ADOC)
- Anchor Medical
- Talbert Medical Group

Surgery Centers

- West Coast Center for Surgeries (WCCS)
- Pacific Hills Surgery Center
- Magnolia Surgery Center

Insurances

- Medicare
- Cal Optima
- Scan
- Secure Horizons
- Aetna
- Cigna
- Blue Shield
- Anthem Blue Cross
- United Healthcare
- Health Net
- Most other PPO's and Major Commercial Insurance Plans



NO INTEREST FINANCING
OPTIONS ARE AVAILABLE
FOR CASH PAYING PATIENTS
THROUGH CARE CREDIT

Not all physicians at The Tayani Institute are members of these IPAs, hospital staffs and surgical centers. Not all physicians at The Tayani Institute accept these insurance plans. Please verify coverage prior to booking procedures.